

Semen Analysis Collection Instructions



SEMEN ANALYSIS
COLLECTION
INSTRUCTIONS

The semen specimen should be collected in a sterile container which you may obtain from your physician's office or laboratory.

1. Observe an abstinence of at least three (3) days or any special instructions regarding an abstinence period given by a doctor.
2. The specimen is obtained by masturbation and is ejaculated into a clean, dry wide mouth container.
3. Label the container with your NAME, DATE, and TIME of collection.
4. For fertility studies the specimen may be collected here in the hospital or collected at home and brought in as soon as possible (within 30 minutes) and kept warm.
5. For postoperative vasectomy examination, the specimen must be brought in within one (1) hour after collection and kept warm.

PLEASE ATTACH THE FOLLOWING TO THE BOTTLE

NAME: _____

DATE: _____

TIME OF COLLECTION: _____

DAY'S ABSTINENCE: _____

METHOD OF COLLECTION:

- ☐ Masturbation
- ☐ Coitus interruptus